



# Parent Guide

Elementary: May 3

## BIBLE STORY:

Jesus and the Doubter

John 20:24-29

## BIG PICTURE QUESTION:

What is our mission as believers?

## ACTIVITY: SONG AND STORY

What you need: <https://vimeo.com/413611362>

## FAMILY CONNECT QUESTION:

Can you think of a time a friend or family member told you something that you did not believe? How did you react? Did you turn out to be right or wrong?

We all struggle with doubt sometimes. Our doubts about God can lead us to do things our way instead of His way, which is sin. When we struggle to believe God, we can tell Him and ask Him for help believing.

## ACTIVITY: TRUE OR FALSE?

What you need: Nothing

Each person think of one statement that is true and one statement that is false about themselves. Take turns sharing one of the statements and have the rest of the family guess if the statement is true or false. Since you're doing this with family, you may need to get creative!

Say• Even though you may know your family well, it could be hard to choose what is true and what is false. In today's Bible story, Thomas had a hard time believing the fact that Jesus was alive.

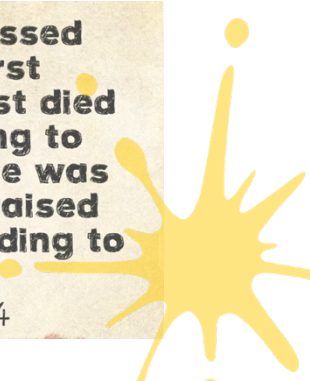
## ACTIVITY: BIBLE STORY RETELL

Long before Jesus ever died on the cross, He had told His disciples that He would die on the cross to rescue people from sin and He would come back to life on the third day, like the Scriptures promised. Even though Thomas should have believed based on what Jesus had promised and what the other disciples said, Jesus showed grace to Thomas. Jesus appeared again to His disciples. This time, Jesus showed His hands and side to Thomas. Thomas believed!

After Thomas believed, Jesus said something very important. He said, "Because you have seen Me, you have believed. Those who believe without seeing are blessed." Which kind of person was Thomas? That's right. Thomas had to see to believe, but Jesus said that believing without seeing is very important. Believing without seeing is called faith. It is a gift from God. It is this type of faith that helps us understand that we are sinners. Even though we didn't see it with our own eyes, Jesus died for our sins on the cross and rose again on the third day. We have not seen Jesus, but if we believe in Him based on what God's Word says about Him, we will be blessed with eternal life from God!

### Pray:

God, we know we aren't perfect, and it can be easy for us not to believe what we can't see. We know that You have given us the Bible to learn from people who struggled with similar things as we do. Thank You that we can learn from Thomas' struggle to believe. Help us to believe when we can't see and grow our faith in You. Give us boldness to share about You so others can trust in You by faith. In Jesus' name, amen.



**What I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures.**

1 Corinthians 15:3-4

