PARENT GUIDE Preschool

Say Cheese

Have fun learning and playing with your preschooler!



Bible Story

I Can Pray To God (Jeremiah 29:12; Matthew 6:5-13)

Remember This

"I am fearfully and wonderfully made." Psalm 139:14, NIV

Say This

Who made you? God made me!

Activity

All the Feels

What You Need

Paper plates or plain paper and a marker

What You Do

Draw four different faces on plates or paper. Draw a happy face, sad face, angry face, and scared face. Show each of the faces to your family and have everyone practice making the face. Then, turn the faces over and shuffle them. Let each person have a chance to choose a face and make that face while the rest of the family guesses which face they are making. Play it again!

What You Say

"Let's look at these different faces I drew. There's a happy face. Let's all make a happy face. This one is a sad face. Can you make a sad face? Oh my! This one is an angry face. Show me your angry face. This one is a scared face. Let's all be scared together. Great job.

"Now, you choose a plate. Do not show your face to anyone. You can only show it to me if you need help. When you see the face on your plate, you will make the same face. We will try to guess what you're feeling. Okay, let's play!"

"That was super fun! Tell me, can we talk to God when we're happy? How about when we're sad? Or angry? Or scared? Yes! We can talk to God anytime, anywhere, about anything! God wants to talk to you because He made you. **Who made you? God made me.**"

Prayer

"Dear God, it's such a big idea to think that the God who made everything wants to hear from people, but it's true. You really do want us to talk to You. And because You are God, You can hear us talk to You anytime, anywhere, about anything! That is so awesome! Thank You for loving us like You do, God. We love You. In Jesus' name, amen."

