DISCUSSION GUIDE APRIL 4/5, 2020 TOGETHER | THE SECRET OF CONTENTMENT PHILIPPIANS 4:10-23



Note to Leaders: Every group is different, please choose the questions that relate best to your particular group.

FOR STARTERS

- 1. During this social distancing period how much do you miss being able to hug someone or being hugged by someone?
- 2. Share the possible adverse effects on one's life if they are never content.

DIGGING IN

- 1. Read 1 Timothy 6:8-10.
 - a. What's the danger of loving money?
 - b. What consistencies do you see in Paul's message to young Timothy that he writes to the Philippian church?
 - c. Are we to be content with what we have and not seek for other things in life? Explain.
- 2. Read Philippians 4:10.
 - a. Paul talks about the Philippian church having a desire to help but didn't have the opportunity. When have you been in a position to want to help someone but didn't know how to?
 - b. How can we use our prayer time to ask God to lead us to opportunities to help someone else?
 - c. Discuss the notion that sometimes people want to help you but don't have the opportunity to.
 - d. List ways you can create opportunities to help someone.

- 3. Read Philippians 4:12-13.
 - a. Paul lists various experiences he faced in the course of life and how he has learned to live through each. What from Paul's message can you relate to?
 - b. What's key to enduring such contrasts in life?
 - c. How do you remain hopeful during times of uncertainties in life?

BRINGING IT HOME

- 1. How do you know whether you're being content or complacent in your situation?
- 2. Is a sign of contentment not complaining?
- 3. How can you encourage those who lack motivation in life to change and become better?
- 4. Pray for the opportunity to share the gospel of Jesus with your neighbor(s).

GOING DEEPER

- 1. This week pray for those on the frontline fighting COVID-19 who lack ample supplies.
- 2. Memorize this Scripture: "But my God shall supply all your need according to His riches in Glory by Christ Jesus." Philippians 4:19

PRAYER REQUESTS

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